



## OAUK North West & Institute of Jainology (IOJ) Jointly present

## **Practical Jainism**

Significance of rituals in our quest to achieve rational faith, knowledge and conduct (samyag darshan-jnan-charitra)

An interactive, practical workshop by IOJ Education Team

for everyone

Adults &

Children Age 6-10 & Age 11-15

A Free Event

(including light refreshments)

At

**Oshwal EKTA Centre** 

366A Stag Lane, Kingsbury, London NW9 9AA

On

Sunday, 19 July 2015, 1.00 pm to 6.00 pm

Plus

All you wanted to know about Jainism but could not ask (you may write your question and submit it on arrival)

Due to limited places, registration is required to confirm your place

For registration, please email: RSVP@jainology.org

Please include the names of all individuals attending and their ages if under 16

Please come and participate if any of the following questions have occurred to you:

What are Jain rituals?

Can doing rituals really change my conduct?

What benefits do I gain from rituals like Samayika, Puja, Dhyan and Bhakti?

How can rituals benefit me when all that really matters is eliminating my karmas?

Should I do puja or samayika, or should I do bhakti or dhyan? Which is the best?

What do I do in a Samayika?

Institute of Jainology is grateful to Oshwal Association of The United Kingdom (OAUK) for complimentary use of Oshwal EKTA Centre facilities.